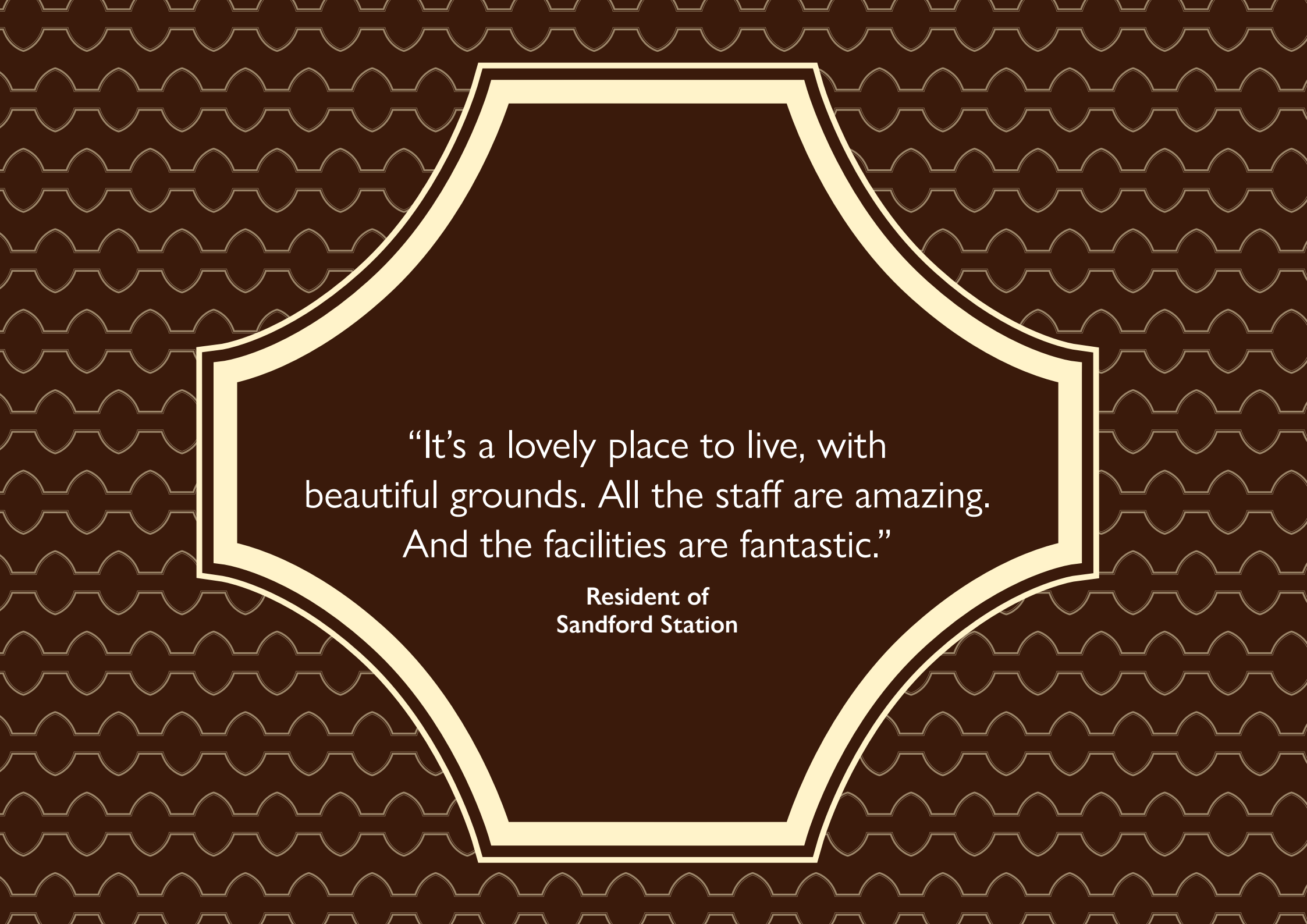




# Sandford Station

ST MONICA TRUST

FIRST CLASS RETIREMENT LIVING  
IN NORTH SOMERSET



“It’s a lovely place to live, with  
beautiful grounds. All the staff are amazing.  
And the facilities are fantastic.”

**Resident of  
Sandford Station**

# Welcome to Sandford Station

Nestled at the foot of the Mendip Hills, Sandford Station is a rural retirement village set in twelve acres of beautiful North Somerset countryside.

Sandford Station offers the best of both worlds – fantastic amenities and plenty of space to enjoy a full and active retirement; yet peaceful enough for those days when you just want to sit back and relax listening to the birds singing in the nearby apple orchards.

Be part of a friendly and welcoming community where you'll have the opportunity to expand your social circles and explore new interests and hobbies.

Enjoy a first class retirement at Sandford Station.



# Our approach

The St Monica Trust is a Bristol-based charity, founded by the philanthropy of the Wills family in 1925. Across all of the Trust's retirement villages and care homes, our commitment to providing older people with the best experience of ageing is as important today as it was to our founders almost a century ago.



## **A not-for-profit organisation**

We are proud of our charitable status. It allows us to devote ourselves to our communities and residents rather than to shareholders. This means that people from many different backgrounds can access and benefit from what we do.

## **What makes us different**

Our aim is to achieve the highest standards in all that we do. Aside from offering purpose-built accommodation, you can enjoy great food in our restaurants, an interesting selection of activities and superb service from any member of our team.

With St Monica Trust you can look forward to retirement safe in the knowledge that all the essential details will have been taken care of.

Should your needs change in the future, our expertise in care provision means we can offer you a range of support options. Depending on your requirements, our care and support team can provide varying levels of assistance within your home. And should you want more involved care, our nursing homes provide professional care in sensitive and supportive environments.









# First class living

Across the beautifully landscaped site is a range of purpose-built one, two or three bedroom apartments. Built as low-level two storey buildings, the varied architecture gives Sandford Station its authentic village feel.

Every apartment has been created to offer functionality with ease of living. Wide doorways open onto generous hallways to allow easy access to the light and airy interiors.

Clever floorplans include design features that make the best use of space, such as the twin doors of a Jack and Jill bathroom to create en-suite facilities. Storage has not been overlooked with built-in wardrobes and closet space throughout. Allocated parking is available and pets are very welcome.

The apartments in Darlisette House are situated around the atrium, offering covered access to the restaurant, lounge, library, gym, swimming pool and activities room.



# Enjoying life to the full

Staying active and engaged is good for both the body and mind, keeping you happier and healthier throughout your retirement years. That's why at Sandford Station we offer a wide range of amenities and activities to inspire everyone to remain active and enjoying life to the full.

Enjoy a swim in the pool, exercise classes in the gym or learn new skills and hobbies. Take pleasure in some healthy competition on the bowling green, croquet lawn or snooker table. Gardeners can tend to the flowers and vegetables in their own allotment or private garden. And for the DIY enthusiast there's a hobby shed for woodworking and crafts.

Community-led activities where residents can share their passions and interests are always encouraged. So quiz nights, book clubs, sports, photography classes and history groups complement the wider programme of activities.

Simply focusing on the on-site facilities at Sandford would be ignoring one of its greatest assets – the beautiful rolling countryside that's right on your doorstep. Take a stroll in the Mendip Hills, cycle along the Strawberry Line or explore the villages and towns that are dotted across this designated Area of Outstanding Natural Beauty.

Whatever interests or inspires you, we'll do our very best to make it happen at Sandford Station.



Swimming Pool



Gym



Hair and Beauty Salon



Library



Bowling Green



Croquet Lawn



Snooker

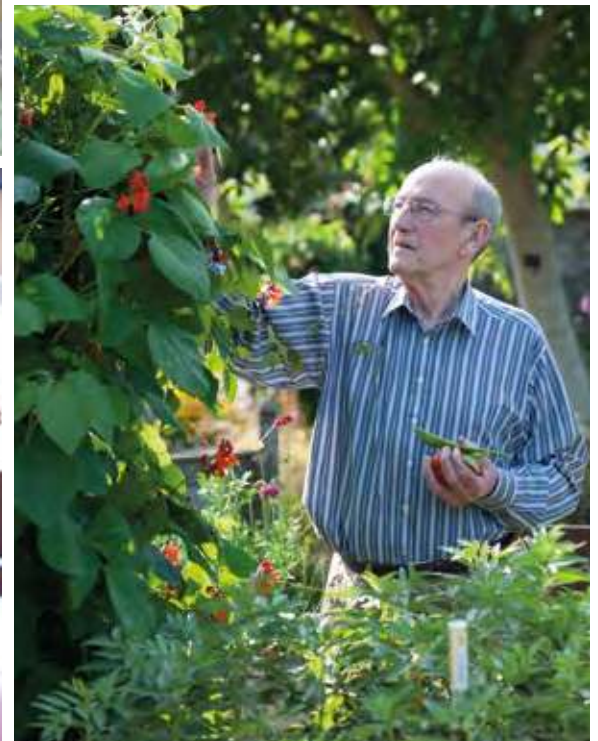


Gardens and Allotments



Community DIY Shed









# Healthy inside and out

Our chefs are proud of the delicious meals they create and serve on a daily basis. Their strong belief in the importance of nutritious, interesting and varied menus can be experienced in The Pullman Restaurant each lunchtime.

Enjoy a choice of one, two or three courses, all carefully prepared using fresh, seasonal and local produce, to suit any dietary requirements.

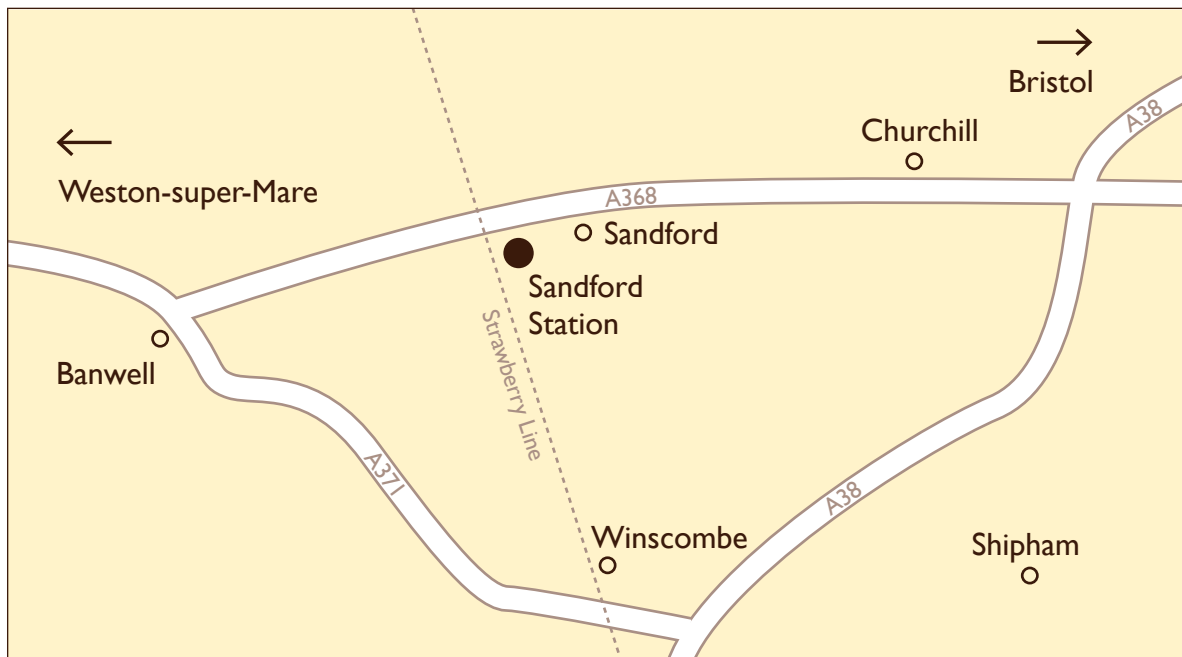
The Pullman Restaurant is also the venue for regular evening events. Dress to impress for gourmet dining or enjoy good wholesome food and drink at a pub night. Whatever the occasion it's sure to be an enjoyable, social event shared with new friends from the Sandford Station community.





# Getting out and about

Sandford Station is ideally positioned for both daily convenience and to explore the wider countryside of North Somerset. Its location on the edge of the village of Sandford means the local shop and village pub are both just a short distance away.



Winscombe is a 5 minute drive from Sandford Station – or a pleasant walk or cycle ride along the Strawberry Line. It has a larger range of shops, a supermarket, chemist, butchers and bakery. Winscombe is also home to the local doctor and dentist.

The vibrant city of Bristol is a 40 minute drive from Sandford, whilst the seaside town of Weston-Super-Mare gives you access to the coast in half that time.

Local buses stop outside the entrance to Sandford Station, and links to the M5 motorway are only 15 minutes away. Bristol Airport is also within easy reach for travel to Europe and the rest of the world.









# Safe, secure and stress-free

A move to Sandford Station is a move to stress-free living. Relax and focus on enjoying yourself, knowing there are a host of services in place to help eliminate the stresses and strains of life.

## **Safe and sound**

24-hour security, door entry systems, CCTV and on-call staff are all on-site to make sure everyone feels safe and secure at Sandford Station. Every home is also fitted with a discreet emergency call system to protect your well-being on a daily basis.

## **Clean and tidy**

Helpful teams of housekeepers can clean your home for you and if you'd like your laundry done, we can take care of that too. Thirty minutes of free housekeeping is included each week, but additional help is available, if required.

## **Inside and out**

Our estates team ensure Sandford Station remains immaculate and well-maintained. They can also help with odd jobs around your home such as putting up shelves or moving large deliveries. The gardening team takes pride in all the outside spaces ensuring the parkland, flowerbeds and gardens always look their best.

*Please note: some services may incur additional charges.*



# A caring community

It's important to be able to remain independent but there may be occasions when you need a little extra help in your home. And if a time comes when longer-term care is required you'll be reassured to know there is an award-winning care home as part of the wider village complex.

## Care and support

Whether it's odd jobs around your home or more complex needs, our village care and support team offer a flexible service, tailored to your exact requirements. And because we train and look after our own staff you can be sure your carer is friendly, dedicated and experienced.

- Assistance with personal care like washing, bathing and shaving.
- Companionship and practical help whilst recovering from an illness.
- Companionship for important appointments or social events.
- Specialist personal support to suit you.

*Please note: some services may incur additional charges.*



## Nursing and dementia care

Sandford Station boasts award-winning care facilities at Russets and Sherwood. With an emphasis on providing a personal environment where comfort comes first, Sherwood is the perfect place for those who need general

nursing care. Whilst Russets offers more specialist care for people living with dementia.

Dedicated activity co-ordinators organise engaging events every day of the year. From family and group activities to singing, art and even visits from the local primary school. There's always something going on to make sure all residents have the opportunity to continue living life to the full.

## Continuity of care

Being able to provide continuity of care means residents can move to Sandford Station knowing that whatever the future brings they will still be able to enjoy life and continue living within their community of friends. Having these facilities on-site not only helps reduce the emotional stress but also the financial burden of having to relocate should your care needs change.

# A railway heritage

The first trains ran through Sandford and Banwell station in August 1869. Originally operated as a broad gauge line by The Bristol and Exeter Railway Company, the railway was eventually converted to standard gauge and absorbed into the Great Western Railway in the late 1870s.



For almost a century, this stretch of railway was important for passengers and freight carrying dairy produce, stone, coal and the famous Cheddar strawberries, from which it got its name – The Strawberry Line.

After its closure the line fell into disrepair until 1983 when a group of volunteers began transforming sections into The Strawberry Line Heritage Trail. Now enjoyed by cyclists and walkers alike, the trail is managed to protect the rich diversity of wildlife habitats along the route.

## **Central to village life**

In its heyday, several trains a day would run along The Strawberry Line, providing a vital economic and communications link for the villages en-route. Stations naturally played an important part in village life and some even had camping coaches providing accommodation for holidaymakers.

## **Still a part of the community**

So it's only fitting that at the end of its former working life the Sandford and Banwell station is still playing a central role as a focal point within the Sandford Station village community

## **Bringing history to life**

The fully restored Grade II station is now home to a fascinating railway heritage museum. Visitors can browse the many artefacts and explore the platform with its restored railway engine and vintage carriages. A café is also available offering a range of refreshments, homemade cakes and ice cream. Further details and opening times can be found at [sandfordstation.co.uk](http://sandfordstation.co.uk).



# Come and find out more

We'd love to tell you more about Sandford Station and our sales teams are available to answer any questions. They also run regular tours so you can explore the apartments and experience village life for yourself.

To find out more please call **0117 949 4004**, email **[sales.team@stmonicastrust.org.uk](mailto:sales.team@stmonicastrust.org.uk)** or visit **[www.stmonicastrust.org.uk](http://www.stmonicastrust.org.uk)**

**Facebook** @SMTSandfordStation

**Twitter** @St\_Monica\_Trust

## **Sandford Station**

Sandford, Winscombe, BS25 5AA

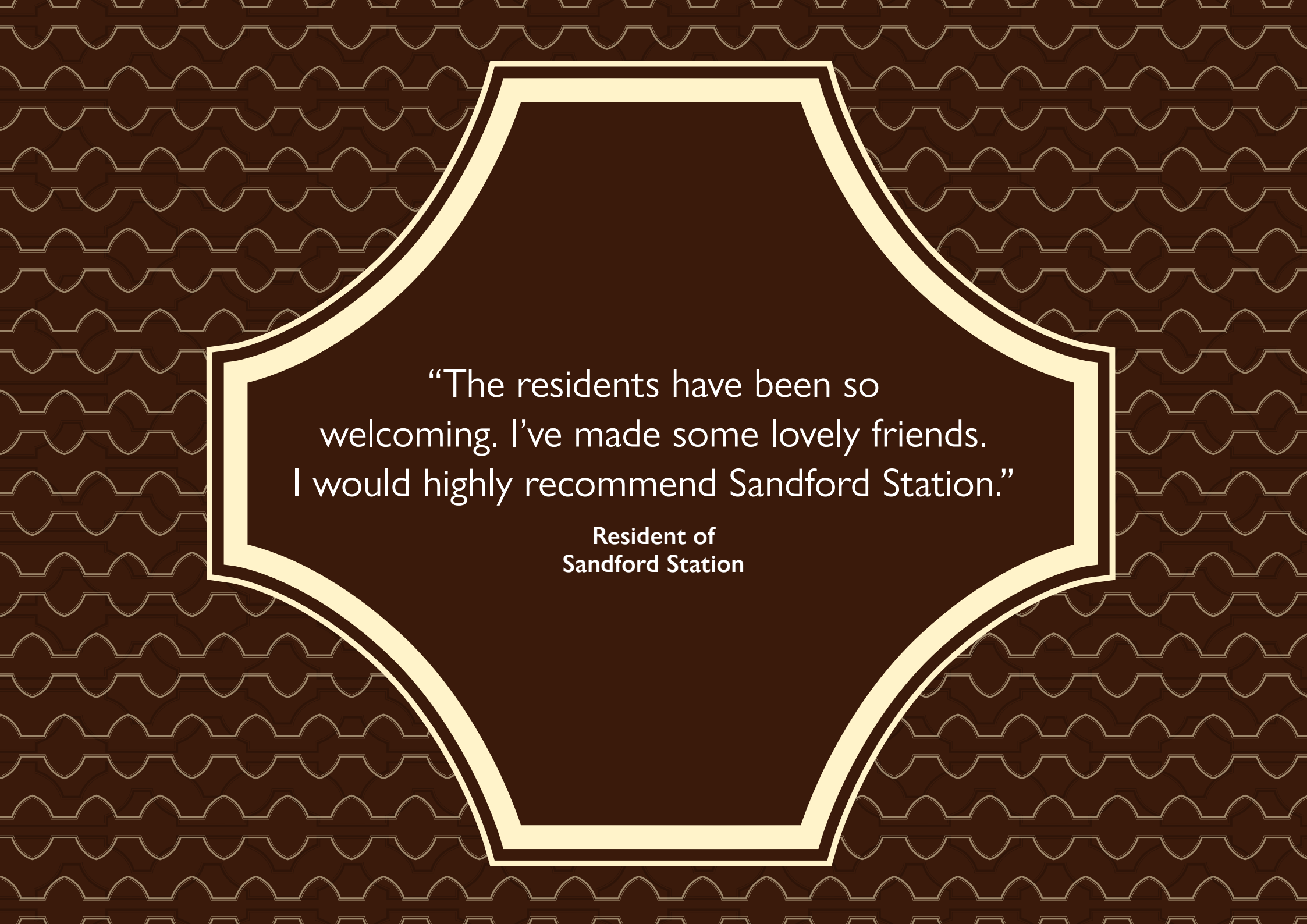
## **Head office**

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**[www.stmonicastrust.org.uk](http://www.stmonicastrust.org.uk)**

*Registered charity number 202151*

*4/19 | 1,000*



“The residents have been so  
welcoming. I’ve made some lovely friends.  
I would highly recommend Sanford Station.”

**Resident of  
Sanford Station**



St Monica Trust

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To book a tour or find out more call  
**0117 949 4004**

